

Bedfordshire Schools Athletic Association

English Schools Cross Country Championships 2024 Selection Policy and Procedure

1. Teams of 8 athletes (plus 4 non travelling reserves) per age group will be selected to represent Bedfordshire Schools at the English Schools Championships.
2. The Age groups are: Juniors (Y8 & 9); Inters (Y10 & 11); Senior (Y12 & 13)
3. All athletes wishing to be considered for selection are expected to compete at the Bedfordshire Schools Championships at Ampthill Park, Wed. 7th February.
4. Anyone unable to run at this event due to injury, illness or other *unavoidable* circumstances should contact the relevant team manager in advance.
5. All athletes selected to represent the County at the English Schools Championships are expected to travel to Pontefract on the team coach, except seniors who may be give permission to travel separately
6. The County Championships will be the most important guide for selection, but other results will be taken into consideration.
7. **Do not automatically expect to be selected because you finish in the top 8 or top 12**
8. The first 16 in each race at the County Championships will be given a letter explaining the selection procedure together with a form to be completed with personal details, details of any other races this season and a consent form to be signed by their parents (We are aware that age groups for the clubs are different and will take that into consideration).
9. **All of the 1st 16 in each race must return their forms by the night of Sunday 11th Feb using this link:**

<https://forms.gle/CD6MeAsEEiujbYjd7>
10. . Please complete the form and submit it. If you are unable to submit the form electronically, please type the same information into a word document and send by email.
11. Selection will take place on Tuesday 13 Feb. in order to make entries on Wed 14 Feb. before entries finally close on Thursday 15th Feb.
12. Selected athletes and non-travelling reserves will be notified by email as soon as possible after selection. Teams will later be posted on the county website.
13. It is vital that athletes provide full information and by the deadlines shown, as there are only 8 days between our championships and the final entry date.
14. **We shall not be able to select athletes who do not return their forms on time.**

15. Key Dates:

Wednesday 7 th February:	County XC Championships Ampthill Park First Race 2pm
Sunday 11 th February:	Deadline for return of information to team managers
Tuesday 13 th February:	Selection takes place
Wednesday 14 th February:	Entries are made and athletes informed
Thursday 16 th February:	Entries at ESAA Close
Saturday 16 th March:	English Schools XC Championships at Pontefract

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