

# Bedfordshire Schools Athletic Association

## Report of ENGLISH SCHOOLS CROSS COUNTRY CHAMPIONSHIPS

Wollaton Park Nottingham

Saturday 18<sup>th</sup> March 2023

### Sophie, Noah and Lyla Stars of the Show for Bedfordshire Schools

On a testing course with intermittent showers at Nottingham's Wollaton Park all members of the Bedfordshire team gave of their best, but the undoubted stars of the show for Bedfordshire were Sophie Jacobs (Cedars), Noah Champion (Kimberly) and Lyla Danobrega (Wootton)

In the Inter Girls race over 3900 metres, Sophie Jacobs started off as she meant to continue and was in the leading pack of 20 from the off. As the pace and terrain took its toll, a leading group of four broke away. Sophie stuck to her guns and stayed in contention with the second group of six runners in about 5<sup>th</sup> place overall. As they approached the finish, she forced herself into a magnificent 4<sup>th</sup> place in a time of 12 minutes 15 seconds – only 5 seconds behind the bronze medal winner. Despite not winning a medal, Sophie was delighted to gain selection to represent England Schools in the Home Countries Cross Country to be held in Liverpool on Saturday 25<sup>th</sup> March.

Meanwhile in the same race, Lyla Danobrega was also running the race of her life. With half the race gone, she had worked her way up into the top twenty,, steadily picking off other runners to be in 15<sup>th</sup> approaching the finish, where she gained another place to complete the course in 14<sup>th</sup> place in a time of 12 minutes 42 Seconds. Disappointed at not making the top ten and getting an international vest, but nevertheless happy with an exceptional run in such a prestigious race.

Experiencing a heavy shower and a much churned up course previously pounded by over 1600 runners, Noah Champion matched his seventh place finish at the Inter-Counties Championships with another magnificent run in the Senior Boys race. Always in the large bunch at the front of the field, he moved through into the top ten after about a quarter of the race. With a group of four making a break with almost half the distance still to run. Noah maintained his position in the top ten. A strong finish saw him prevail over a group nine runners who were within 7 seconds of his time of 19 minutes 41 seconds. Although there is no international for seniors, he was delighted to have rounded off his best ever season in such superb style.

Other top 100 performances came from Lily Farr (Redborne) 53<sup>rd</sup> in Inter Girls; Nick Hammett (Cedars) 55<sup>th</sup> in Inter Boys; and Imogen Chesterton (Redborne) 88<sup>th</sup> in Senior Girls.

The team managers reported that *“Aside from the running, the boys and girls were an absolute pleasure to be around all day. Behaviour and attitude was excellent.”*

Team managers: Rob Heaney, Tanya Fearon, Jodi Henderson and Andrea Champion

*Full results can be found on the internet: look up English Schools XC 2023 results*

*A video of the races can be found on you tube: look up English Schools XC 2023*

# *Bedfordshire Schools Athletic Association*

## RESULTS of ENGLISH SCHOOLS CROSS COUNTRY CHAMPIONSHIPS

**Wollaton Park Nottingham**

**Saturday 18<sup>th</sup> March 2023**

**Junior Boys (Y8 & 9) 4200 metres**

105	Harry Scott	Redborne
186	Tyrese Capeland-Jones	Lincroft
203.	Zack Thompson	Lincroft
206	Lucas Moxon-Booth	Redborne
240	Archie Henderson	Mark Rutherford
289	Elijah Lawson	Sharnbrook
314	Barnabe Faysse	Bedford Modern
316	ZacharyWharton	Mark Rutherford

329 Finishers

**Inter Boys (Y10 & 11) 5700 metres**

55	Nick Hammett	Cedars
134	Josh Hempson- Wallace	Chiltern
142	Nathan Davis	Challney
182	Danny Chapman	Bedford School
185	Oliver Wilson	Bedford Modern
209	Sam Boshier	Redborne
235	MacKenzie Kotrys	Henlow
240	Daniel Smith	Redborne

327 Finishers

**Senior Boys (12 & 13) 7000 metres**

7	Noah Campion	Kimberly
132	Euan Supple	Kimberly
233	Ethan Cairns	Bedford Sixth Form
299	Jake Reynolds	Bedford School
302	Tom Deardon	Bedford School
303	Joe Bradford	Van Dyke

314 Finishers

**Junior Girls (Y8 & 9) 3500 metres**

149	Amelie Sarll	Sam Whitbread
242	Eleanor Smith	Alameda
253	Zara Fletcher	Bedford Modern
310	Juliette Smith	Bedford Modern
312	Mariella Lewis-Stanton	Sharnbrook
315	Cerys Fountain	Van Dyke
319	Ellie Harper	Bedford Academy
326	Megan Reynolds	Robert Bloomfield

338 Finishers

**Inter Girls (Y10 & 11) 3900 metres**

4	Sophie Jacobs	Cedars
14	Lyla Danobrega	Wootton
53	Lily Farr	Redborne
212	Charlotte Williamson	Cedars
259	Sarah Percival	Mark Rutherford
295	Jessica Parrish	Bedford Girls
307	Isabelle Needham	Samuel Whitbread

338 Finishers

**Senior Girls (Y12 & 13) 4500 metres**

88	Imogen Chesterton	Redborne
274	Sophie Forbes-Laird	Bedford Girls
298	Riona Wiles	Sharnbrook
DNF	Maddy Webb	Sharnbrook

300 Finishers