

# Bedfordshire Schools Athletic Association

## English Schools Combined Event Championships 2023

Dear Colleague and/or athlete

Bedfordshire Schools have enjoyed a proud record of success in English Schools Combined Event Championships, winning medals, achieving high places, and gaining several internationals

We would like to take both teams and individuals again this year (max 4 athletes per age group plus guests), and ask for nominations of athletes who you think would be appropriate. They do not have to have previously participated in a Combined Event meeting before, but obviously need to be competent at a number of the events they will undertake, and have the potential to reach the following standards in the competition. (Points tables available on [esaa.org.uk](http://esaa.org.uk)):

Junior Girls Pentathlon: 2000 points; Inter Girls Heptathlon: 2800 points; Senior Girls Heptathlon: 3000 points

Junior Boys Pentathlon: 2000 points; Inter Boys Octathlon: 3200 points; Senior Boys Decathlon: 3600 points

Please feel free to discuss any athlete with me prior to nominating them.

**I must have nominations with the details requested overleaf, by Wednesday 31 May at the latest, as our entries have to be received by ESAA, by 7<sup>th</sup> June, but please email any improved performances up to mid-day 5<sup>th</sup> June.**

**Dates: Regional Round Sat & Sun 24/25 June Boston**

**Finals Sat & Sun 16/17 Sept. Bedford**

Note: Qualification for the final is only via the Regional Round, except in very special circumstances.

### Events:

JG (Y8/9)	75 M Hurdles/ Shot/ HJ / LJ / 800M	(all on Sunday)
IG&SG (Y10/11 & 12/13)	80M Hur (100M Hur for SG)/ HJ/ Shot/ 200M LJ/ Javelin / 800M	(Saturday) (Sunday)
JB (Y8/9)	80M Hur / Shot / LJ / HJ / 800M	(all on Saturday)
IB (Y10/11)	LJ / Discus / Javelin / 400M 100M Hur / HJ / Shot / 1500M	(Saturday) (Sunday)
SB (Y12/13)	100M / LJ / Shot / HJ / 400M 110M Hur / Discus / PV / Javelin / 1500M	(Saturday) (Sunday)

Selections will be made on the basis that you are fully fit and committed to attending and completing the event.

I look forward to hearing from you

Best Wishes

Dennis Johnson

*Dennis Johnson  
Chairman  
Track & Field Team Manager*

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[www.beactivebeds.co.uk/athletics-association1](http://www.beactivebeds.co.uk/athletics-association1)

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*Bedfordshire Schools  
Athletic Association*

**Combined Events Regional Round - Pre selection information**

Athletes Name .....

School..... DoB..... School Year.....

Home telephone .....Parent email (legible please!).....

Please give your best 2023 performances in the relevant events. If no 2023 performances give 2022 performances but indicate that this is what they are.

If a performance at a schools meeting add(s); if a club meeting add (c); if 2023 add 23 if 2022 add (22)

	Junior Girls	Inter Girls	Senior Girls	Junior Boys	Inter Boys	Senior Boys
Hurdles	75m Hur	80m Hur	100Hur	80m Hur	100 Hur	110 Hur
Hurdles						
100m						
200m						
400m						
800m						
1500m						
High J						
Long J						
Pole V						
Shot	3.0 K	3.0K	4.0K	4.0K	5.0K	6.0K
Shot						
Discus					1.5K	1.75K
Discus						
Javelin		500grm	600grm		700grm	800grm
Javelin						

Add any other relevant information here:

For Parents/Carers: Please sign to confirm that we may use your child's full name and school and photo on websites and in media reports. and for your child to undertake an anti-doping drug test if required. **Please see overleaf for details of anti-doping policy** (If you are not willing for any of these to happen contact Dennis Johnson asap)

Parent/carer name..... Signature ..... Date.....

**Please return to me via email or post by 31<sup>st</sup> May at the latest,  
Email or phone any improved performances up to midday 5<sup>th</sup> June.**

Dennis Johnson 202 Spring Road Kempston Bedford MK42 8ND  
01234 302858 or 07973 691628 email: dennisjohnson@ntlworld.com

ESAA & UKA Anti-doping Statement – you are required to read this and will be asked to confirm you have done so.

*Finally. UKA are working closely with UK Anti-Doping to ensure that we comply with the World Anti-Doping Code. We therefore require all competing athletes to have made him/herself familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules, which can be found here:*

<http://www.uka.org.uk/wp-content/uploads/2021/05/210507-UKA-AD-Rules-3-combined-final.pdf>

*The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the [date of entry], whether or not the entrant is a citizen of, or resident in, the UK.*