

# **LEIGHTON LINSLADE SCHOOL GAMES RULES**

# YEAR 7: BASKETBALL

Competition Qualification	
Level 2 School Games	Winner qualifies to Level 3 Finals
Number of Teams per School	One per gender competition
Competition Format	
5 v 5	
Squad Information	
Minimum Squad Size	5
Maximum Squad Size	10
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Year	Groups
7	

Gender

Boys and Girls

## Equipment (Schools need to provide / take to competition

Basketball, Referee & Kit

#### **Competition Rules**

### **Competition Format**

- 1) The rules for the competition will be played under the Passerelle rules for Basketball.
  - Played into full height rings
  - Played on full court (where possible)
  - 5 v 5 will be played
  - A player inbounding the ball has five seconds to throw the ball to another player on the court.
  - A player is not allowed to return to the rear court with the ball once thee ball has advanced over the half way line (rear court violation)
  - The 3 second rule can apply at the discretion of the referee.
  - A closely guarded player has 5 seconds to pass, dribble or shoot.
  - Half court man to man defence only will be permitted at Year 7 & 8. Zone defence is not permitted in U14 games. Any defence style is allowed at U15 and U16 age groups.

#### Modifications

- 1) The following modifications will be taken into account in local competitions. Please be aware there may be slight rule changes for school going through to Level 3 finals
  - Each game will be 1 half of 10 minutes, running clock.
  - Teams will be allowed ZONE timeouts, to allow for maximum play time.
  - All players in the squad must feature for at least 5 minutes per competition.
  - Coaches and referees should assist each other in applying the rules of the game
  - No twenty-four (24) second rule
  - No 3 point shots are awarded

Basketball rules that can be applied if required

- 1) In the spirit of fair play and sportsmanship it is expected that all players and coaches conduct themselves appropriately
  - Unsportsmanlike, disqualifying & technical fouls all appear in the Mini-Basketball rules but their application should usually be unnecessary
  - The officials can prevent technical fouls by giving warnings or even overlook minor infractions which are obviously unintentional and have no direct effect upon the game, there is repetition of the same infraction after the warning.
  - Coaches should prevent unsportsmanlike, disqualifying and technical fouls by supporting the official in their decisions and controlling the behaviour of the players.
  - Coaches are allowed to substitute a player immediately if he or she demonstrates any inappropriate behaviour
  - Any deliberate or repeated non-cooperation or non-compliance with the spirit and intent of the game can be considered as a technical foul.

#### 2) Advice

- Good practice in Mini Basketball allows children to play the game in a free style where they are responsible for much of their own decisions making on court.
- Coaches are therefore encouraged to allow children to play freely on court.
- When a child is involved in the game on court they cannot comprehend lots of instructions shouted from the bench so this should be avoided
- Positive praise and encouragement is recommended rather than negative comments.
- There are no time-outs to allow maximum game play without interruption.
- Coaches are advised to talk to the players on the bench instead, using effective questioning
- All children in a team are to play an equal number of minutes, so each player is regarded as equally important.
- Children learn from playing a period of play which is not interrupted by substitutions

#### Scoring

League Format

• Win = 3 Points, Draw = 1 Point, Lose = 0 Points

If teams are on level places after all games positions will be determined via

- i. If teams are tied on the same points, team with greater overall points difference wins
- ii. If still level most points scored will determine the winner
- iii. If still no difference, lots are drawn

#### First Aid & Emergency Procedures

Schools are responsible for the provision and administration of their own first aid.

The Competition organiser will brief all school staff prior to the start of the competition, and will provide information about emergency procedures.

#### Withdrawing from a Competition

In the event your school has to withdraw from the competition, you will need to inform Leighton Linslade School Sports Partnership Office at your earliest convenience, either via telephone (01525) 636720 or via email <u>seymours@vandyke.cbeds.co.uk</u>, ideally a minimum of 48 hours' notice.

**Please note:** A lot of time, effort and expense is undertaken to arrange transportation for events, plus administration of coordinating fixtures etc.

#### **Cancellation of a Competition**

In the unlikely event the competition has to be cancelled the Competition Organiser will contact schools at the earliest opportunity. If you are not contacted assume the competition is taking place.

#### Appendix